# **SEASCAPE SPA**

pring Summer

## Getaway to Provence

#### -ONLY €140pp-

- Aromatic Steam Session
   & Cocoon Room
- Hot Towel Foot & Back
   cleanse
- Gentle Scrub with
  Bamboo & Apricot Kernel
  Powder
  - Warming Shower
- Aroma Luxe Full Body Massage with essential Lavender & Everlasting oils of Provence
- Snooze Room Relaxation Time with Refreshments

Approx 2 hours 30 mins in the spa



### Stress Melter

#### -ONLY €115pp-

- Aromatic Steam Session
   & Cocoon Room
- Hot Towel Foot Cleanse
- Warm Stone Foot & Leg
   Massage
- Yon-Ka Hydration Facial with Face & Scalp Massage
- Hand & Arm Massage
- Snooze Room Relaxation Time with Refreshments

Approx 2 hours 30 mins in the spa



## Total Relaxation

#### -0NLY €110pp-

- Aromatic Steam Session
   & Cocoon Room
- Hot Towel Foot & Back
   cleanse
- Express Back Massage
  - Mini Escape Facial
  - Foot & Leg Massage
- Snooze Room Relaxation Time with Refreshments

Approx 2 hours 30 mins in the spa



## Summer Breeze

#### -ONLY €90pp-

- Aromatic Steam Session
   & Cocoon Room
- Hot Towel Foot & Back
   cleanse
  - Full Body Brushing
- VOYA Full Body Massage
- Snooze Room Relaxation Time with Refreshments

Approx 2 hours 15 mins in the spa



#### ADD A GLASS OF BUBBLY TO ANY PACKAGE FOR ONLY €4.50

Seascape Spa at The Silver Tassie Hotel Ramelton Road, Letterkenny, Co. Donegal Silver Tassie

# **SEASCAPE SPA**



# THERAPIST'S CHOICE Golfer's Tonic

#### -ONLY €130pp-

Relax and revive body & mind with this multi-targeted massage especially for golfers. Instantly alleviate tension with this powerful yet soothing treatment focusing on the back, neck & shoulders, as well as the legs. Finishing off with a relaxing scalp massage. Using VOYA essential oils, persistent tension is eased, skin looks re-energised and a positive mind set is restored, ready for your next tee off!

## Maternity Treatments

Our therapists are fully trained & qualified in providing safe and relaxing Maternity treatments. Mums to be can enjoy a selection of our tailored Yon-Ka & VOYA treatments. (Treatments are recommended after the first trimester of pregnancy & use of the steam room is not recommended at any stage)



## **Beauty Room Specials**

20% Off ALL Waxing & Tinting Treatments every Friday.



T: 074 91 26251 E: spa@silvertassiehotel.ie | www.silvertassiehotel.com Follow us on Facebook & Instagram @silvertassiehotel



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