8 SEASCAPE SPA 8



Winter Escape

- ONLY €160pp -

- Aromatic Steam **Session & Cocoon** Room
- Hot Towel Foot & **Back Cleanse**
- Full Body Brushing
- Full Body Massage
- Vova Ocean Fresh **Facial**
- Pressure Point Face & Scalp Massage
 - Snooze Room Relaxation Time & Refreshments

Approx 3hours in spa



- ONLY €130pp -

- Aromatic Steam Session & Cocoon Room
- Hot Towel Foot & **Back Cleanse**
- Stress relieving Back Massage
- Yonka Facial with Face & Scalp massage
- Pressure Point Foot Massage
 - Snooze Room Relaxation Time & Refreshments

Approx 2h 30min in spa



- ONLY €100pp -

- Aromatic Steam Session & Cocoon Room
- Hot Towel foot & **Back Cleanse**
- Voya Sugar/Salt Full **Body Scrub**
 - Detoxifying Seaweed Bath
- · Warm application of Voya Body Moisturiser
 - Snooze Room Relaxation Time & Refreshments

Approx 2h 15min in spa



Autumn Bliss

- ONLY €90pp -

- Aromatic Steam Session & Cocoon Room
- Hot Towel Foot & **Back Cleanse**

Choose between any 2 of the following mini escapes:

- Express Facial
- Express Back Massage
- Pressure Point Face & Scalp Massage
- Foot & Leg massage
 - Snooze Room Relaxation Time & Refreshments

Approx 2hours in spa







Seascape Spa at The Silver Tassie Hotel Ramelton Road, Letterkenny, Co. Donegal



& SEASCAPE SPA



THERAPIST'S CHOICE

Golfer's Tonic

-ONLY €130pp-

Relax and revive body & mind with this multi-targeted massage especially for golfers. Instantly alleviate tension with this powerful yet soothing treatment focusing on the back, neck & shoulders, as well as the legs. Finishing off with a relaxing scalp massage. Using VOYA essential oils, persistent tension is eased, skin looks re-energised and a positive mind set is restored, ready for your next tee off!

Maternity Treatments

Our therapists are fully trained & qualified in providing safe and relaxing Maternity treatments. Mums to be can enjoy a selection of our tailored Yon-Ka & VOYA treatments. (Treatments are recommended after the first trimester of pregnancy & use of the steam room is not recommended at any stage)



Beauty Room Specials

20% Off ALL Waxing & Tinting Treatments every Friday.



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